

TRINITY HEALTH

TRAVEL LEAFLET

All patients from the Thame, Long Crendon and Brill surgeries can be seen at their own surgery for immunisation advice prior to travelling. **You must leave enough time to receive advice and potential immunisation before your departure date – this can be several weeks depending upon your destination.** We are not a yellow fever immunisation centre and you will need to visit an approved establishment if you require this cover.

You will need to complete a travel form and return the completed document to your own surgery, either by hand, post or fax to:

Thame Surgery	Fax No. - 01844 260243
Brill Surgery	Fax No. - 01844 238568
Long Crendon Surgery	Fax No. - 01844 201906

The Nurse must have your completed form at least one week prior to your first appointment. Travel appointments will be available in the afternoons only.

It is important for you to have some awareness of the travel health problems that you may be at risk from, on your trip, **before you attend your appointment.** If you have use of the internet please go to www.fitfortravel.scot.nhs.uk, **print and read the pages relevant to your destination, and bring with you to your appointment.** Local libraries and other establishments have internet access if you do not have this at home or family/friends cannot help. For anti-malarial advice please visit the web side - www.malariahotspots.co.uk

The following private travel clinics will give advice and/or immunisations – you do not have to attend the practice.

MASTA www.masta.org. Tel: 0207 291 93333

British Airways Tel: 08702 416843

Dept of Health www.open.gov.uk/traveladvice Ceefax pages 460 – 464
(Booklet available from the Post Office)

Foreign and Commonwealth Office
www.fco.gov.uk/travel Tel 0870 6060290
Ceefax page 470 onwards

Yellow Fever Centres:

To locate a Yellow Fever Centre near your home address go to:

www.nathnac.org./index.htm

This web site allows you to perform a postcode search providing details of centres in your chosen area.